

MRT Results for S. PATIENT, page 1 of 2

Physician: **WELLNESS, MARK MD**
 Patient: **SAMPLE PATIENT**
 Identifier: **S70123**
 Profile: **MRT Test ML150**
 Test Date: **07/10/2012**
 Technician: **EH**



Oxford Clinical Laboratory
 3555 Fiscal Court, Suite #9
 Riviera Beach, FL 33404
 Phone: (561) 848-7111
 FL License #: L800010492
 CLIA ID #: 10D0914874
 U.S. Patents: 6,114,174 6,200,815

Test Reaction Levels

█ Non-Reactive
 █ Moderately Reactive
 █ Reactive

Chemicals	Reaction Level		
POTASSIUM NITRATE			
PHENYLETHYLAMINE			
SALICYLIC ACID			
CAFFEINE			
SORBIC ACID			
LECITHIN			
FD&C RED #3			
FD&C RED #4			
SACCHARINE			
MSG			
CAPSAICIN			
SODIUM METABISULFITE			
IBUPROPHEN			
POLYSORBATE 80			
SOLANINE			
TYRAMINE			
SODIUM SULFITE			
ACETAMINOPHEN			
FD&C GREEN #3			
FD&C YELLOW #5			
FD&C YELLOW #6			
ASPARTAME			
FRUCTOSE			
BENZOIC ACID			
CANDIDA ALBICANS			
POTASSIUM NITRITE			
FD&C RED #40			
FD&C BLUE #1			
FD&C BLUE #2			

Dairy	Reaction Level		
WHEY			
CHEDDAR CHEESE			
AMERICAN CHEESE			
YOGURT			
GOAT'S MILK			
COTTAGE CHEESE			
COW'S MILK			

Flavor Enhancers	Reaction Level		
MAPLE			
BLACK PEPPER			
CAROB			
GINGER			
LEEK			
VANILLA			
COCOA			
CINNAMON			
CANE SUGAR			
HONEY			
COCONUT			
DILL			
CAYENNE PEPPER			
MINT			
PAPRIKA			
TURMERIC			
PARSLEY			
LEMON			
OREGANO			
SESAME			
BASIL			
MUSTARD			
GARLIC			
CUMIN			

Fruits	Reaction Level		
GRAPE			
OLIVE			
ORANGE			
AVOCADO			
STRAWBERRY			
PLUM			
PEAR			
CHERRY			
HONEYDEW MELON			
WATERMELON			
BANANA			
PEACH			
MANGO			
CANTALOUPE			
PAPAYA			
CRANBERRY			
RASPBERRY			
PINEAPPLE			
APPLE			
APRICOT			
BLUEBERRY			
GRAPEFRUIT			

Vegetables	Reaction Level		
STRING BEAN			
SWEET POTATO			
BROCCOLI			
CUCUMBER			
LETTUCE			
CABBAGE			
BEET			
ZUCCHINI			
YELLOW SQUASH			
ONION			
ASPARAGUS			
CAULIFLOWER			
CELERY			
CARROT			
GREEN PEPPER			
TOMATO			
EGGPLANT			
WHITE POTATO			
SPINACH			
MUSHROOM			

Grains	Reaction Level		
BUCKWHEAT			
KAMUT			
SPELT			
CORN			
OAT			
MILLET			
RICE			
QUINOA			
WHEAT			
AMARANTH (GRAIN)			
RYE			
BARLEY			

Seafood	Reaction Level		
SOLE			
SCALLOP			
TUNA			
SALMON			
SHRIMP			
TILAPIA			
CLAM			
CRAB			
CODFISH			
CATFISH			

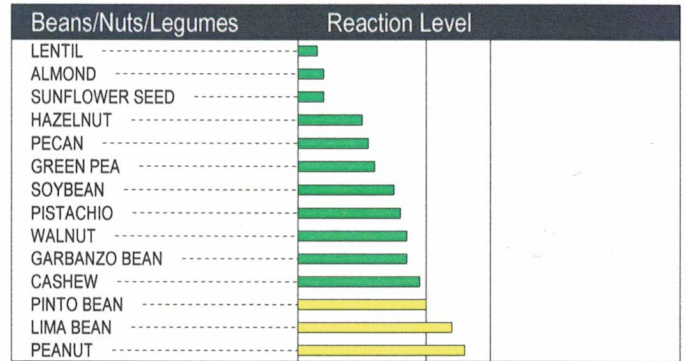
MRT Results for S. PATIENT, page 2 of 2

Physician: **WELLNESS, MARK MD**
 Patient: **SAMPLE PATIENT**
 Identifier: **S70123**
 Profile: **MRT Test ML150**
 Test Date: **07/10/2012**
 Technician: **EH**



Oxford Clinical Laboratory
 3555 Fiscal Court, Suite #9
 Riviera Beach, FL 33404

Phone: (561) 848-7111
 FL License #: L800010492
 CLIA ID #: 10D0914874
 U.S. Patents: 6,114,174 6,200,815



Degrees of reactivity may not in all cases correlate with levels of clinical reactivity to the tested food or chemical. It is recommended to completely avoid all tested items with "Reactive," or "Moderately Reactive" scores. If tested "Non-Reactive" foods have been consumed regularly before testing, there is a high probability that they are "safe" and are not likely to provoke symptoms, as long as there is no history of allergic, autoimmune, or other type of inflammation-provoking or symptom-provoking reaction.

These test results can form the basis of an eating plan developed under the guidance of a physician, dietitian, or other qualified healthcare practitioner.